

Preride Route Notes

June 17th John Kramer

Distance 125.5 miles, Elevation Gain 7500 ft, Very little traffic but there may be more as July recreation picks up.

Home Valley to Bingen

The start time is early, 06:00 to avoid traffic on Highway 14. There are several pinch points on the route where there is no shoulder to ride. The worst is a one mile section starting at mile 13.6. Not a good place to stop for pictures.

Bingen to Trout Lake

There is a nice warm up hill between Bingen and White Salmon starting at mile 16.5. Stay on SR 141 through White Salmon. The State Highway Department put a rumble strip on the fog line leaving town. They did this to protect the users of the city loop trail from encroaching motor vehicles. Recommend staying on the road and avoid the trail as the trail has two way traffic and is not wide enough. The route leaves SR141 at mile 36 or SR141 mp 19.2. Watch for the Sunnyside road sign. Don't forget the control question at the Glenwood turn.

You can find restrooms at the gas station and restaurant in Trout Lake. There is also good water and restrooms/showers at the county park. There is a map to the county park in the ride packet. Fill water as this is the last chance for almost 40 miles.

Trout Lake to Lower Falls Campground

Nice ride through the woods and a nice view of Mt. Adams. Route climbs to over 3800 feet. Smooth road surface. Most recreation sites appeared to be closed. There are some nice views of the Lewis River at the Middle Falls if you want to take a break. Watch for the sign.

Lower Falls to Wind River Road

The road surface is breaking up in spots so watch for bumps and pot holes. This section includes Curly Creek road. The first three miles are the steepest (average grade 7.5%) and the grade mellows to 3% at mile 4. You can get a good view of Mount St. Helens at or near the McClellan view point. At mile 5 you turn right on Wind River road where the grade is one or two percent to Old Man Pass where the downhill starts. Nice downhill!

Wind River Road to Home Valley

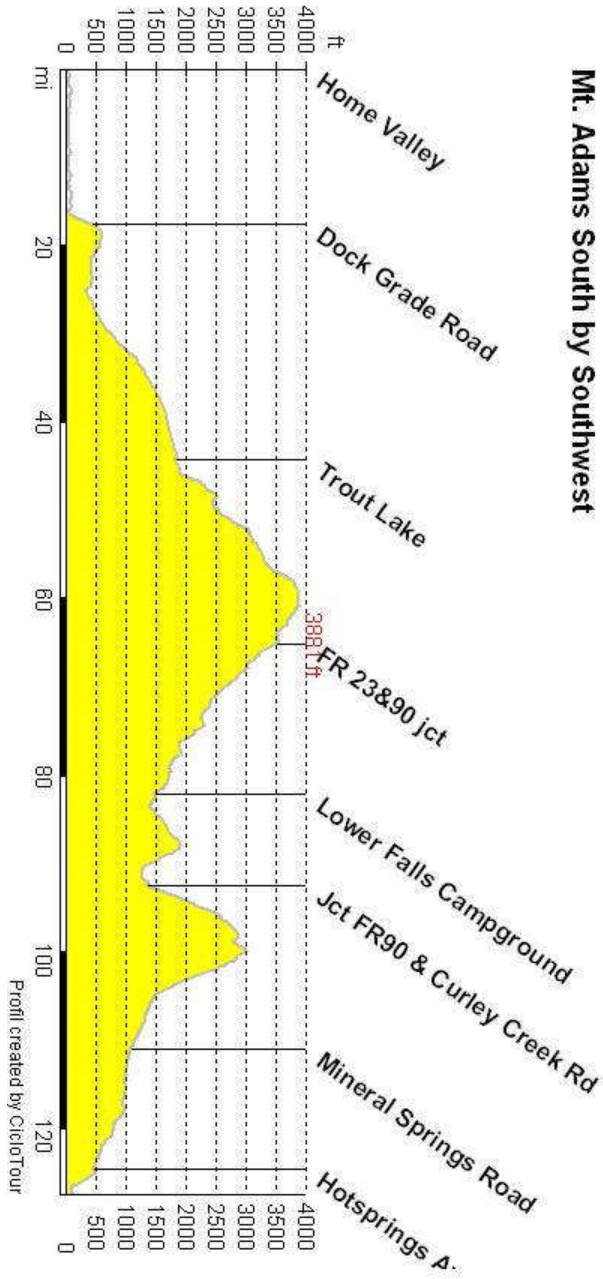
There is more traffic on Mineral Springs road but traffic was light during this ride. There are no road shoulders other than the fog line. There are only several short inclines on the way to Carson. There was a small store open at Stabler which would be the first business in about 70 miles. At Carson, turn left at the stop sign. The mosquitoes were bad at the park, perhaps because of recent rain. I don't recall mosquitoes being a problem in the past when I have visited the park. If they are bad during the ride, riders may recuperate at one of restaurants in Stevenson. There are no services left at Home Valley.



0.0	0	Start	Beach/Picnic are parking lot (next to rest rooms) Control: 1 opens: JUL-15 05:00
0.1	0.1	R	SR 14
8.0	7.9	S	Caution! 5 Tunnels next 2.5 miles
13.6	5.6	S	Stay on SR 14 (pass SR 141a junction)
16.4	2.8	L	SR 141 (To Trout Lake) Control: 2 Answer Question on Card:
21.2	4.8	S	Stay on 141 (jct 141a)
36.0	14.8	R	onto Sunnyside Rd (~mp 19.2)
38.2	2.2	R	Stay on Sunnyside Road (Warner Rd to left)
38.4	0.2	L	Stay on Sunnyside Road (Latimer Rd to right)
39.7	1.3	L	Trout Lake Glenwood Rd (a.k.a Sunnyside Road) Control: 3 Answer Question on Card:
43.7	4.0	L	Mt. Adams Rd (to Trout Lake)
44.0	0.3	R	SR 141 (Through Trout Lake)
44.2	0.2	TA	Trout Lake Store (Restrooms at gas station or County Park) Control: 4 Answer Question on Card
44.2	0.0	R	Return to 141
44.4	0.2	L	Mt. Adams Rd (to South Climb)
45.5	1.1	BL	FR 23 (to Randle)
58.1	12.6	S	Stay on FR 23 past jct. Pacific Crest Trail
65.9	7.8	BL	Left onto FR 90 Lewis River (elev 3650)
72.0	6.1	S	Stay on FR 90 past jct FR 88
75.4	3.4	S	Caution: Gravel Bump
81.4	6.0	L	Lower Falls Campground (road 9054)
81.6	0.2	L	Water Stop in Upper Loop (Water pump on right) Control: 5 Answer Question on Card:
82.0	0.4	R	Finish upper Loop and back onto FR 9054
82.1	0.1	L	Back onto FR 90 (Lewis River Road)
83.5	1.4	S	Caution! Dirt rd (washout)
84.1	0.6	S	Pavement resumes
91.2	7.1	BL	Stay on FR 90
92.2	1.0	L	Curley Creek Rd
97.2	5.0	R	Wind River Rd
110.5	13.3	L	Stay on Wind River Road (Mineral Springs Rd to right)
123.9	13.4	L	Hotsprings Ave. to SR 14 East
125.9	2.0	L	SR 14 (Cross Wind River)
126.6	0.7	R	Turn to Home Valley Park
126.8	0.2	End	Parking Lot (Showers in Park building next to beach) Control: 6 opens: JUL-15 10:53 closes: JUL-15 18:30

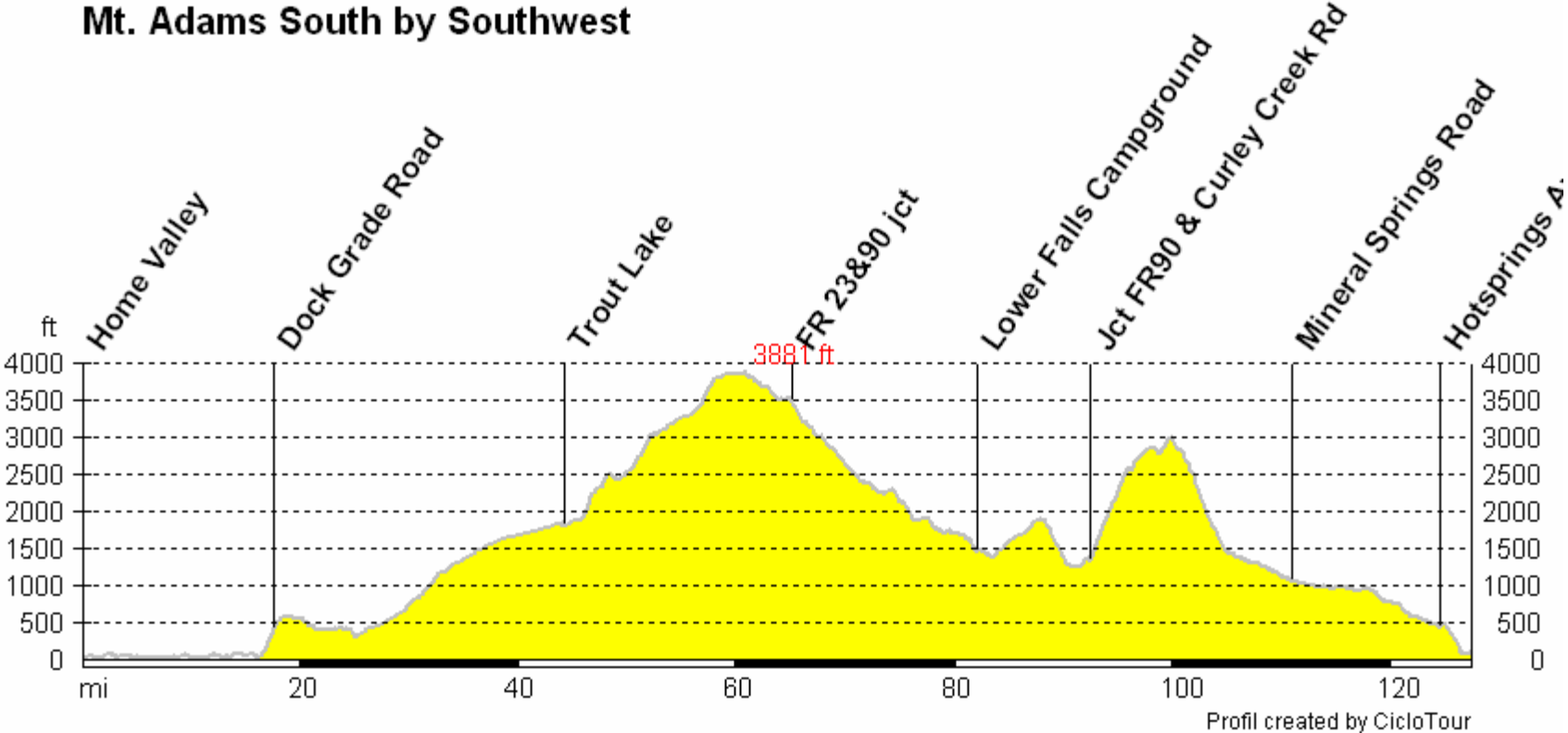
John Kramer cell: 360-607-7477 home: 509-493-2474

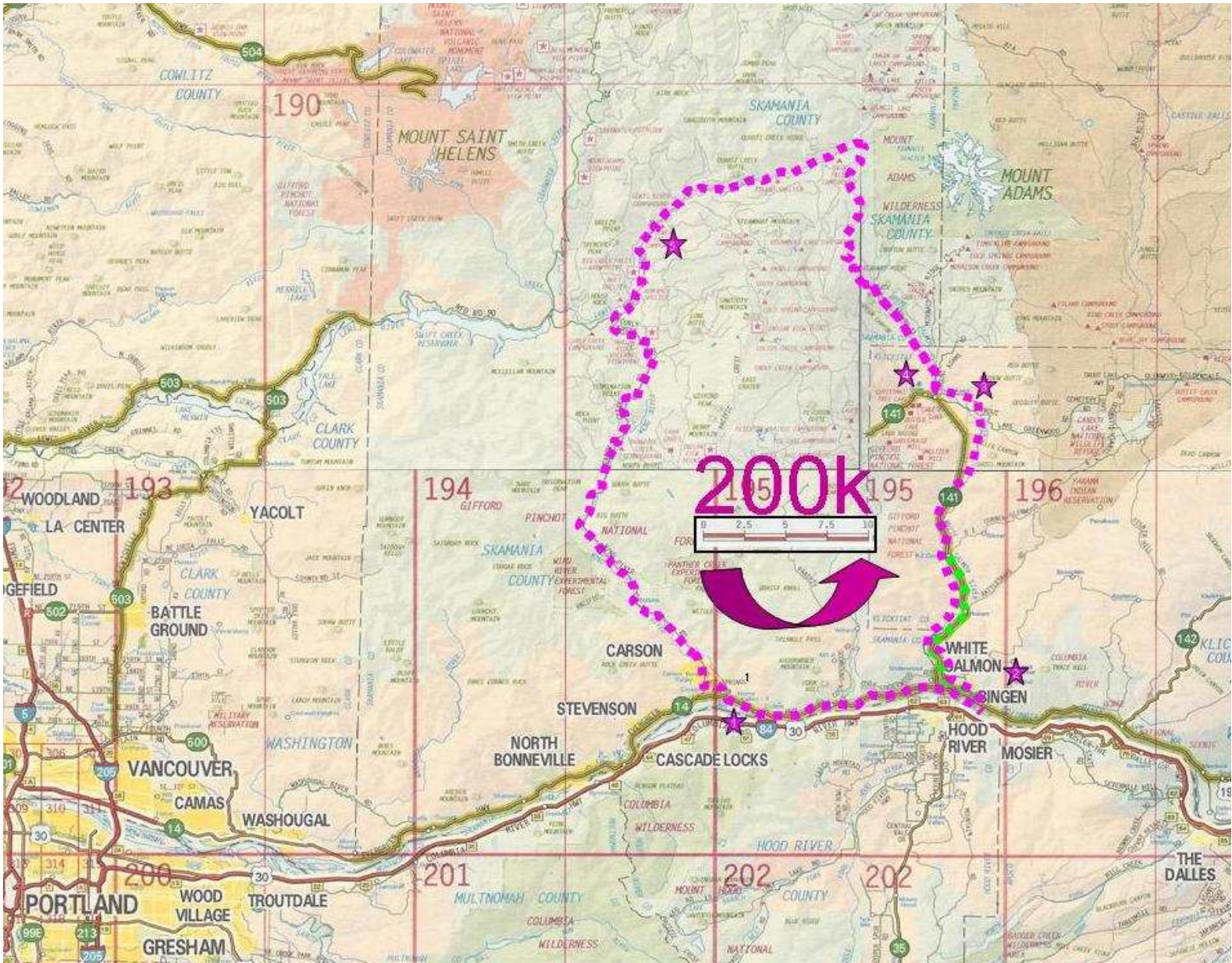
Mt. Adams South by Southwest



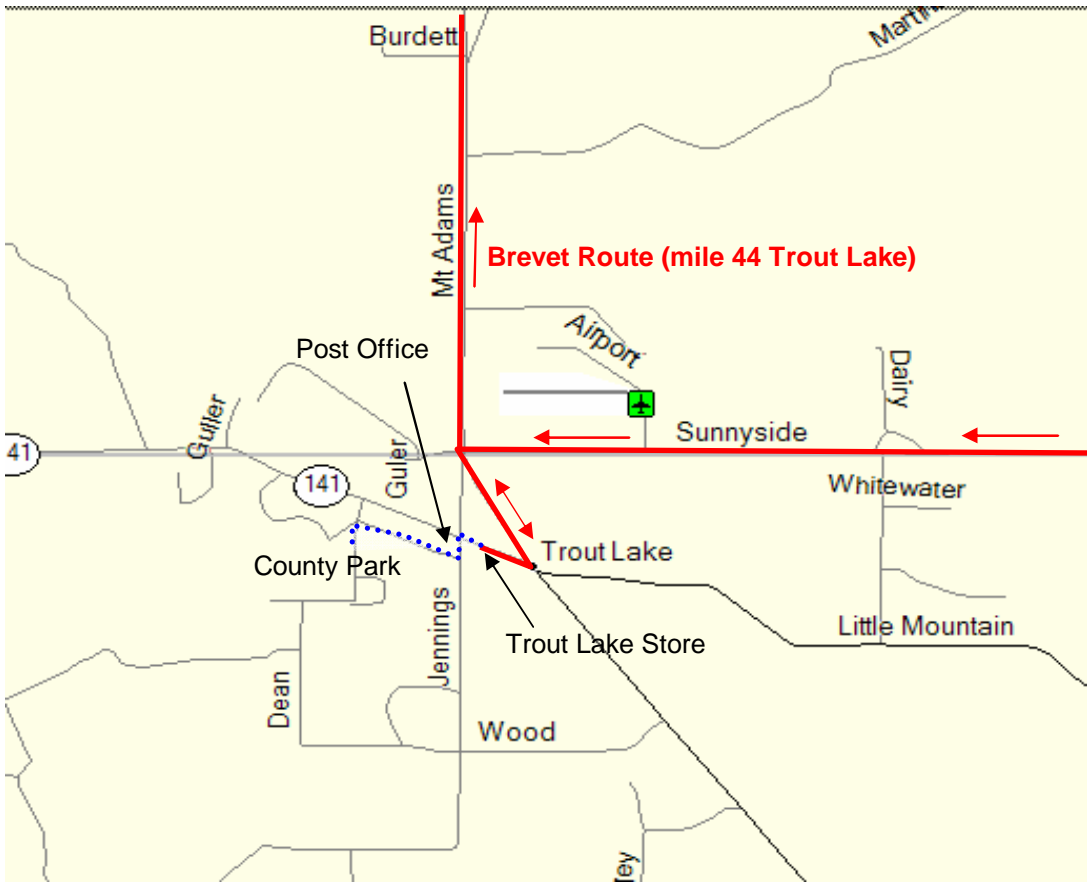
Profile created by Ciclotour

Mt. Adams South by Southwest





County Park in Trout Lake Restrooms, Water, Showers and Camping



Oregon

Cascade Locks

Bridge of the Gods Motel & RV Park

630 Wanapa Street
Cascade Locks, OR
541 374-8628

Best Western Columbia River Inn

735 Wanapa Street
Cascade Locks OR
541 374-8777

Hood River / Mosier

Hood River BnB

918 Oak St
Hood River, OR 97031
www.hoodriverbnb.com
541-387-2997, Telephone

Mosier House Bed & Breakfast

704 Third Ave.
Mosier, OR 97040
<http://www.mosierhouse.com/>
877-328-0351, Toll Free

Vagabond Lodge

4070 Westcliff Drive
Hood River OR USA 97031
<http://www.vagabondlodge.com/>
541 386-1900

Meredith Motel

4300 Wescliff Drive
<http://lodging.gorge.net/meredith/>
541 386-1515

Prater's Motel

1306 Oak Ave
541 296-9111

Riverview Lodge

1505 Oak St.
Hood River OR USA 97031
<http://www.riverviewforyou.com/>
800 789-9568

Best Western Hood River Inn

1108 East Marina Way
Hood River OR USA 97031
541 386-2200

Comfort Suites

2625 Cascade Ave
Hood River OR USA 97031
541 308-1000

The Dalles

Columbia Windrider Inn

200 West Fourth Street
The Dalles, OR 97058
<http://www.windriderinn.com>
(541) 296-2607

Motel 6

2500 W 6th St.
The Dalles, OR 97058
541 296-1191

Cousins County Inn

2114 West 6th
The Dalles OR USA 97058
<http://www.cousinscountryinn.com/>
541 298-5161

Super 8 Motel

609 Cherry Heights Road
The Dalles OR 97058
541 296-6888

Comfort Inn

351 Lone Pine Drive
The Dalles OR USA
541 298-2800

Washington

Stevenson/Carson/Home Valley

Wind Mountain Resort ,

50561 Highway 14.

Home Valley / Stevenson, WA

<http://www.windmountainresort.com/>

(509) 427-5152

Columbia Gorge Riverside Lodge

PO Box 381

Stevenson Washington 98648

<http://www.cgriversidelodge.com>

866 427-5650 Toll Free

Carson Mineral Hot Springs Resort

372 St. Martin's Springs Road,

Carson, Washington

<http://www.carsonhotspringsresort.com>

(509) 427-8292

Sandhill Cottages,

932 Hot Springs Ave

Carson WA,

<http://www.sandhillcottages.com>

800 914-2178, 509 427 3464

Econo Lodge Stevenson

40 NE 2nd St, Stevenson, WA

(509) 427-5628

Bingen / Lyle WA

Bingen Haus, Bingen WA

<http://www.bingenhaus.com>

(509) 493-4888.

The Columbia River Gorge Hostel

The corner of Humboldt and Cedar

Bingen, WA

<http://www.bingenschool.com>

Phone (509) 493-3363

The Lyle Hotel

100 Seventh Street

Lyle WA

<http://www.lylehotel.com>

509-365-5953